

COMMUNICATIONS, LANGUAGE &  
LITERACY DEVELOPMENT

# Birth to 12 months



Sing songs frequently. Singing the same song over and over will provide for familiarity and eventually lead to your infant cooing the songs with you.

Use your infant's name frequently.

Have continuous conversations with your baby during routines such as diapering, eating, bathing. Repeat conversations/words so your baby begins to recognize them.

Point to objects and name them.

Imitate your baby's actions and noises.

Engage in back-and-forth conversations as your baby begins to use more coos and sounds.

Encourage your infant to repeat sounds.

When baby says, "Ba", say words such as bottle, book, blanket, or other familiar words.

If the home environment uses more than one language, speak words in both languages.



# Birth to 12 months

Use signs for routine actions such as “eat” “more” “bye-bye”. Encourage your baby to learn certain signs.

Read books with objects and label objects. If possible, compare objects to things found in the home or outdoors.

Read books with faces.

Allow your baby to chew on cloth, plastic, or board books. This introduces them to literacy-based beginnings.

Make a personal photo book with people or items your infant is interested in: family members, favorite toys, personal soothing items (blanket, pacifier, bottle, etc.

Using large writing tool, have your baby make marks on paper: grasping will be whole hand.

Model writing and drawing for your infant.